

COVID-19 Resources shared by state and federal community partners:

- **Plain Language Resource for Working with Direct Support Staff during COVID 19, written by and for self-advocates (credit to SARTAC and Green Mountain Self Advocates, Vermont DDC):**

<https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Tips-For-Working-With-Support-Staff-During-COVID-19-March-30-2020.pdf>

- **Plain Language Information on COVID-19, written by and for self-advocates from Green Mountain Self-Advocates, shared by the Vermont Developmental Disabilities Council:**

<https://ddc.vermont.gov/sites/ddc/files/documents/newsevents/Plain%20Language%20Information%20on%20Coronavirus.pdf>

- **State of Delaware Resources from the Division of Public Health:**

<https://coronavirus.delaware.gov/>

- **Information about the CARES Act and Stimulus Checks, created by the Washington State DDC:**

<https://informingfamilies.org/wp-content/uploads/2020/04/CARES-Act.pdf>

- **From our national association, the National Association of Councils on Developmental Disabilities (NACDD), credit given after each resource:**

Disability-focused Information: The [Administration for Community Living COVID-19 page](#) has put together a list of disability-related COVID-19 information and resources. It is updated regularly.

Multilingual Information: The [New Hampshire UCEDD COVID-19](#) page has a bank of multilingual resources and language access contact information.

Plain-Language Information: The Green Mountain Self-Advocates and the Vermont DD Council have [a plain-language guide to COVID-19](#) set at a 3rd-grade reading level. The California DD Council created [a Spanish-language version](#) as well.

Further plain language materials about how the coronavirus impacts education (i.e. IDEA) can be found on the [California DD Council's website](#) in English and Spanish.

General Information: The [CDC COVID-19 page](#) is the most reliable source of general information about the virus. It is updated regularly. Some highlighted CDC pages are below:

- [People at risk for serious illness](#)
- [Steps to prevent illness](#)
- [What to do if you are sick](#)
- [Community mitigation strategies](#)
- [What to do in long-term care facilities](#)

Questions for State/Federal Governments: A group of U.S. Senators wrote three letters on [accessibility](#), [HCBS](#), and [nursing homes](#) that list out questions that should be asked of government agencies to ensure they take effective action against the pandemic.

Medicaid: The Centers for Medicare & Medicaid Services have [a list of Frequently Asked Questions and other resources](#) about Medicaid and CHIP programs.

Communication Rights: The organization Communication First has created a [toolkit to ensure that you can successfully advocate for your right to communication supports](#). These rights do not go away in an emergency!

Taking Care of Your Mental Health: The Substance Abuse and Mental Health Services Administration has [a guidance on dealing with the anxiety and stress of social distancing](#). For ideas on what you can do while you are at home, check out the DC DD Council's [general list of at-home activities](#), or [contact your state/territory DD Council](#) to see what's happening in your area.

State Orders: To see what executive orders your state has announced about COVID, the Council of State Governments has created [an EO directory](#).

Direct Support Professionals: The [National Association of Direct Support Professionals](#) has been creating many resources and webinars in response to the many issues COVID is causing for the DSP workforce, including [this toolkit for onboarding new DSPs](#) and

➤ **From the Alzheimer's Association Delaware Valley Chapter:**

Toll-free 24/7 Helpline 800.272.3900, staffed by dementia experts providing information, emotional support, education, resource listings and general disease information.

Coronavirus (COVID-19): Tips for Dementia Caregivers [https://alz.org/help-support/caregiving/coronavirus-\(covid-19\)-tips-for-dementia-care](https://alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care)

Spanish language: [https://www.alz.org/ayuda-y-apoyo/cuidado/coronavirus-\(covid-19\)](https://www.alz.org/ayuda-y-apoyo/cuidado/coronavirus-(covid-19))

Free online education program - anytime, anywhere. alz.org/education

Online social networking for the dementia community. alzconnected.org

Community Resource Finder - virtual support groups, virtual education workshops, and community resources. alz.org/communityresourcefinder

(Guidance Document) **Emergency Preparedness: Caring for persons living with dementia in a long-term or community-based care setting.** Here's the link to the special page alz.org/professionals-covid which includes emergency preparedness information and downloadable resources to assist staff in the care for persons with dementia in emergency situations in long-term and community-based care settings.

➤ **From The National Center for Victims of Crime:**

Webinar recording of Crime Victims in the Community During COVID-19:

<https://www.youtube.com/watch?v=Dh2-vrJvX4A>

Crime Victims in the Community Facebook Group:

https://www.facebook.com/groups/1427716924075500/?source_id=21182396555).

Crime Victims in the Community Google Group:

<https://groups.google.com/forum/#!forum/cvcc-19>.

National Resource Center for Reaching Victims:

www.reachingvictims.org

Technology Safety:

www.techsafety.org